Strengthening Families Program



Are you a parent/caregiver who is raising a child 10-14?

You Are Not Alone! Parents/caregivers worry about their children and what their future holds. Kids also worry about peer pressure, school grades, and getting along with others. We have a 7 week program that will meet the needs of parents/caregivers and their youth who are experiencing these common worries.

Upcoming Schedule

Session I: March 01 – April 12, 2011

Session II: May 03 – June 14, 2011**

Where: Angelo Lamagna Activity Center

19 N. Main Street, Enfield, CT

Time: Tuesdays 5:15pm - 8:00pm

<u>Parents/caregivers will discuss</u>: Encouraging good behavior, setting rules and consequences, protecting against substance abuse, how to help with peer pressure, and ways to show love and support

<u>Youth will discuss</u>: dreams, goals, dealing with stress, following rules, resisting peer pressure, handling conflict, appreciating parents/caregivers and getting along with others.

**Please Note: An Orientation for Session II will be on Tuesday, April 26

5:30 - 7:00 p.m. including pizza and a free raffle

Now registering for either Session I or Session II

For Registration or Information Call: Margie: 860-253-5020 ext 164

Free Dinner and Free Babysitting



STRENGTHENING

for Parents and Youth

Strengthen Families – Strengthen Communities